

My name is Mary Smith. I am part of the Supportive Housing New London program with The Connection Inc. I've had my share of troubles.

This program has helped many people create a path toward rebuilding their lives.

When I was first introduced to the program, the idea of security for me and my two sons was like a dream come true. (A relief). The thought of being homeless was instantly diminished and new possibilities and new hopes set in.

I struggled with anxiety, stress, and was consumed with conquering past addictions from false escapes like drugs and alcohol.

The members of this program have been supportive and committed. They have helped me step back and reflect on healthy choices, build self esteem, and enrich my life to become happy, productive and positive!

I am now in touch with my family on many levels.

It would be very sad not to continue to extend this good deed of love and support. Many many others still need you to help them overcome challenges.

My heart has been touched by you all.

I am very grateful.

Thank you.